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| Class | Autumn Term | Spring Term | Summer Term |
| FS2 (4/5) | iexercise (animals) | imove (zoo) | ipractise (pirate) | icommunicate (circus) | ithink (Dino) | icreate (space) |
|  |  |  |  |  |  |
| Y1 (5/6) | iexercise (jungle) | imove (pirates) | ipractise (machines) | icommunicate (playtime) | icreate (funfair) | ithink (wild west) |
| Dance – Chinese Zodiac | Fundamentals 1 - Locomotion | Gymnastics – travelling / balancing/ rolling / jumping | Fundamentals 2 – Jumping / hopping / skipping | Fundamentals 3 – Balance and stability | Fundamentals 4 – Throwing / catching / striking |
| Y2 (6/7) | iexercise (workout world) | imove (combat zone) | ipractise (sporting best) | icommunicate (ball crazy) | icreate (skill showdown) | ithink (game changers) |
| Fundamentals 1 – Rolling / running / jumping / dodging | Fundamentals 2 – Locomotion and balance | Gymnastics - travelling / balancing/ rolling / jumping | Fundamentals 3 - Invasion | Dance – Great Fire of London | Fundamentals 4 – Striking and fielding  |
| Y3 (7/8) | imove | ipractise | icommunicate | icreate | ithink | iexerecise |
| Fundamentals invasion 1 | Fundamentals invasion 2 | Gymnastics - travelling / balancing/ rolling / jumping | Fundamentals Net/wall 1 | Fundamentals Striking and Fielding 1 | Fundamentals Athletics 1 |
| Y4 (8/9) | imove | ipractise | icommunicate | icreate | ithink | iexercise |
| Fundamentals invasion 1 | Fundamentals invasion 2 | Gymnastics - travelling / balancing/ rolling / jumping | Fundamentals Net/wall 2 | Fundamentals Striking and Fielding 2 | Fundamentals Athletics 2 |
| Y5 (9/10) | ipractise | icommunicate | icreate | ithink | iexercise | imove |
| Fundamentals invasion 1 | Fundamentals invasion 2 | Gymnastics - travelling / balancing/ rolling / jumping | Fundamentals Net/wall 1 | Fundamentals Striking and Fielding 1 | Fundamentals OAA  |
| Y6 (10/11) | ipractise | icommunicate | icreate | ithink | iexercise | imove |
| Fundamentals invasion 1 | Fundamentals invasion 2 | Gymnastics - travelling / balancing/ rolling / jumping | Fundamentals Net/wall 2 | Fundamentals Striking and Fielding 2 | Fundamentals OAA  |